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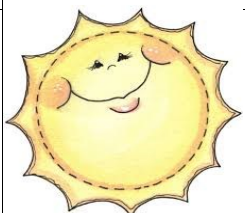


Middle School Snack Menu

Meal Prices	
Student	
Breakfast	\$1.70
Reduced	.30
Lunch	\$2.70
Reduced	.40
Adult	
Breakfast	\$2.00
Lunch	\$3.30
Extra Milk	.50

NON-DISCRIMINATION:
All children are treated the same regardless of ability to pay. In the operation of child feeding programs, no child will be discriminated against because of race, sex, color, religion, national origin, age or handicap. If you believe you have been discriminated against, write immediately to the USDA, Director, Office of Adjudications, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410



Monday	Tuesday	Wednesday	Thursday	Friday
	1 CHEEZ-IT CRACKERS MILK CHOICE	2 CINNAMON APPLESAUCE CUP MILK CHOICE	3 GRANOLA BAR SMORE MILK CHOICE	4 SUNFLOWER SEED KERNELS MILK CHOICE
7 SPICY GOLDFISH CRACKERS MILK CHOICE	8 LEMON/BLEUBERRY CRISPY BITES MILK CHOICE	9 STRAW NUTRIGRAIN BAR MILK CHOICE	10 BLUE RASPBERRY APPLESAUCE CUP MILK CHOICE	11 STRAWBERRY RICE CHEX MILK CHOICE
14 GRANOLA BAR SMORE MILK CHOICE	15 PRETZEL HEARTS MILK CHOICE	16 ORIGINAL GRAHAMS MILK CHOICE	17 STRAWBERRY CUP MILK CHOICE	18 CHEETO PUFFS MILK CHOICE
21 PRETZEL HEARTS MILK CHOICE	22 CINNAMON CRISPS MILK CHOICE	23 MANAGER'S CHOICE	24 MANAGER'S CHOICE	25 MANAGER'S CHOICE
28 	29  ANNIE'S CHEDDAR CRACKERS MILK CHOICE <u>SUMMER SCHOOL BEGINS</u>	30 PRETZEL HEARTS MILK CHOICE	31 STRAWBERRY CUP & DRIED CHERRIES MILK CHOICE	



My Plate is based on new dietary guidelines released by the government last January, which encourages Americans to eat more fruits, vegetables, and whole grains and fewer processed foods. It is part of a concerted effort by the Department of Agriculture and the First Lady to improve nutrition, especially among children.

Money may be deposited into your students meal account by sending cash or personal checks payable to the school nutrition center or by paying online with a credit/debit card using MypaymentsPlus.com